

# IBUSUKI GUIDE BOOK

I B U S U K I - C I T Y , K A G O S H I M A , K Y U S H U , J A P A N



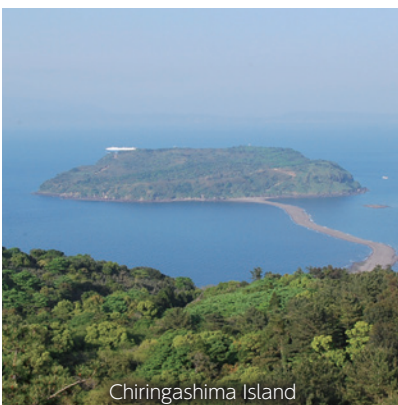
Guide Book to Ibusuki City, Kagoshima Prefecture, English version



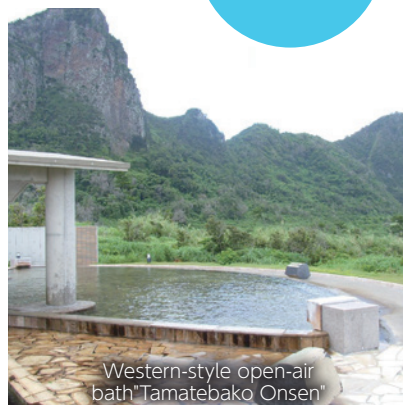
Free to  
take



Steam Sand Bath



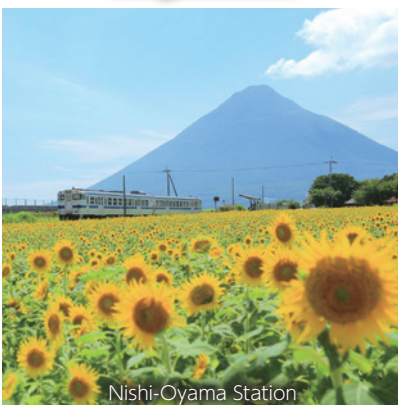
Chiringshima Island



Western-style open-air  
bath "Tamatebako Onsen"



Design and story Train  
"Ibusuki No Tamatebako"



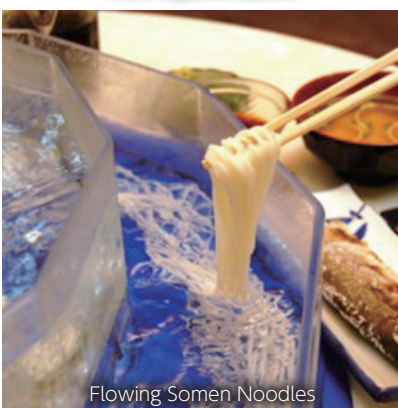
Nishi-Oyama Station



Eevee Manhole



Lake Ikeda and Mt. Kaimon



Flowing Somen Noodles



Ibusuki Cider



# Steam sand bath, called 'Sunamushi Onsen', is one of the world's unique and special hot springs.

The 'steam sand baths' at Saraku and Sayuri contain sodium chloride, which has a positive effect in relieving nerve damage such as: neuralgia; whiplash; and lumbago; as well as symptoms of asthma, anemia, atopy, and skin burns. These baths are popular with women for their benefits for "detoxing" and "beautifying skin." This due to the high concentrations of metasilicic acid in the spring water, which discharges waste matter and inflammatory substances out of the body. The hot spring Sayuri has a particularly high concentration of metasilicic acid, 212.5mg/kg, giving it the nickname "Hot Spring of Beauty."

## How to take the steam sand bath, Sunamushi Onsen

### ① Reception counter

At the reception counter, you can be briefed on bathing and borrow a yukata (cotton kimono).



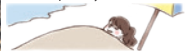
### ② Changing room

Take all your clothes off and place them in a locker. Put on your yukata, over your naked body. Put the beach sandals on. Go down to the steam sand bath area at the seashore with a face towel.



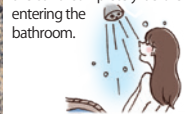
### ③ Bathing in steam sand

Lay on your back on the sand at the designated place. You will get covered with sand that is 50 to 55°C. You can work up a comfortable sweat in the sand in about ten minutes, although this varies from person to person. When you get out of the steamed sand you will feel refreshed. You can regulate the temperature of the sand bath according to the sand's depth, as you like.



### ④ After getting out of the bath

Return to the bathroom. Take off your yukata and put it into the dedicated box. Pour warm water over yourself using a hand pail provided, to wash away the sand completely before entering the bathroom.



### ⑤ Hot spring water bath, Onsen

Relax in the natural hot spring bath, rinsing off sweat. After refreshing in the hot spring bath, go to the changing room.



### ⑥ Changing room

Put your clothes on in the changing room (hair-dryers and combs are provided).





# Onsen

## (Hot springs)

The hot spring water in Ibusuki city comes from more than 1000 sources scattered throughout the city. One of the most popular styles of onsen in this area is a steamed sand bath called "Sunamushi Onsen". This style of Onsen is unique to Ibusuki. Please enjoy the steam sand bath while benefitting from its detoxing properties before relaxing in one of Ibusuki's many hot springs.

Highly rated Japanese hot spring on popular travel review site.



Japanese-style open-air bath  
"Tamatebako Onsen"

An open air hot spring which boasts a marvelous panoramic view of Mt. Kaimon and the ocean. Relax and enjoy a luxurious time while in the hot spring. The high salt content of this natural spring has positive effects on: neuralgia; muscle pain; arthralgia; frozen shoulders; and other motor paralysis. It also helps mental enhancement and for recovery from fatigue.





# Tourism



Enjoy great and dynamic nature in vivid colors, and the abundant, beautiful viewpoints.

## Mysteries of nature! Chiringashima Island, tied to land by a sandbar.

Chiringashima is a beautiful uninhabited island with a circumference of about 3km, an area of about 60ha, and its highest point is about 90m.

From March to October, a 800m long sandbar called Chiririn Road appears during low tide, as well as at mid tide during the spring tide. This road allows you to walk across along the seafloor while enjoying the salty scent of the sea. A visit certificate will be issued at the island.

### Lake Ikeda, the largest lake in Kyushu

The lake has a circumference of 15km and a maximum depth of 233m. It was created by volcanic activity long ago. Large eels with an average length of 2m and a circumference of 50cm inhabit the lake. It is also known as the lake of the legendary monster "Issy", which is purported to live in the lake.

Popular  
power  
spot

At Ryugu Shrine you can  
pray for good fortune in  
love and matchmaking.



Jet Boat



Sea kayak



Water Activity in Lake Ikeda

### Cape Nagasakibana, the birthplace of The Legend of Ryugu

Cape Nagasakibana is the southernmost point of the Satsuma Peninsula, where a white lighthouse stands. You can enjoy the views of the rocks with the sea spray breaking over them, and the magnificent Mt. Kaimondake.

Cape Nagasakibana is said to be the birthplace of The Legend of Ryugu. Ryugu Shrine is located nearby.







## Chiririn Road

(low tide view of sandbar)

You can walk across to the island using Chiririn Road during low tide.

Please refer to the sandbar calendar at Ibusuki Tourism's website for the time during which Chiririn Road appears.

Delivering Happiness  
"Yellow Post"



Nishi-Oyama Station, which is the southernmost train station of Japan Railways.



High tide view of Chirigashima  
(no sandbar)



Objects at the entrance  
to the sandbar "Chirin's Heart"





# Somen noodles called 'Somen-nagashi'; noodles flowing in circulating crystal clear water

Somen noodles are one of the special features of summer in Japan.

Somen noodles are circulated in the spring water of Tosenkyo Valley, which has been selected as one of Japan's 100 best springs.

This style of serving somen noodles originated from Ibusuki.

How about enjoying somen noodles flowing in circulating crystal clear water?

You can also enjoy it in winter.

## Gourmet

Wonderful dishes are creatively cooked to serve a variety of tastes using an abundance of seasonal fresh local ingredients, utilizing the specific flavours of ingredients.

How about enjoying delicious foods of southern Japan?



Imo Shochu (local sweet-potato liquor)  
of Southern Satsuma

The process of distilling Imo-Shochu liquor from sweet potatoes is a flourishing enterprise within the Southern Satsuma region. In Ibusuki City there are 6 distilleries which use their own unique recipes and traditions to create delicious Shochu.



Katsuo-no-tataki (seared bonito fillet)

A local specialty, the healthy and nutrient-rich bonito fish is aromatically seared and served.



Kurobuta Cuisine (Berkshire Black Pork)



# Culture

Why don't you experience a variety of local history and culture, including Satsuma's traditional art/crafts and Ibusuki's folklore traditions, inherited for generations?



Exhibits of Satsuma Denshokan Museum

## ▲ Satsuma Denshokan Museum, "Visit to rediscover Satsuma"

Satsuma Denshokan Museum is located within the Japanese inn, Ibusuki Hakusuikan, where about 380 pieces of Satsuma pottery and Chinese porcelain are exhibited from its collection of about 3,000 pieces. The concept is: Visit the Satsuma Denshokan Museum to rediscover Satsuma.

## Installation of Eevee Manhole

Eevee became the tourism ambassador of Ibusuki City because of similarity in pronunciation to 「Ibusuki」 "I-bui suki(Eevee like)". Due to this Manholes decorated with Eevee and it's evolve forms were placed around Ibusuki City.

You can get the Eevee Manhole Map at roadside stations, the Ibusuki Tourism Information Center in Ibusuki Station, or download from the Ibusuki Tourism website.

### Installation of Eevee Manhole

- |            |   |
|------------|---|
| ① Eevee    | In front of Ibusuki Station                         |
| ② Vaporeon | Around fuufu rotenburo no yado Ginsyou              |
| ③ Jolteon  | On fureaipraza nanohanakan proprety                 |
| ④ Flareon  | On Natural Sunamushi Onsen Center 'saraku' proprety |
| ⑤ Espeon   | Around Central Park Ibusuki                         |
| ⑥ Umbreon  | Behind Ibusuki Station                              |
| ⑦ Leafeon  | Around Eco Camp-jo(Chiringashima)                   |
| ⑧ Glaceon  | Around Jiyuukan Cocco Hashimure                     |
| ⑨ Sylveon  | Around Ibusuki Library                              |

All Eevee manhole locations are Pokémon GO's Pokéstop (where you can get the items and others.).

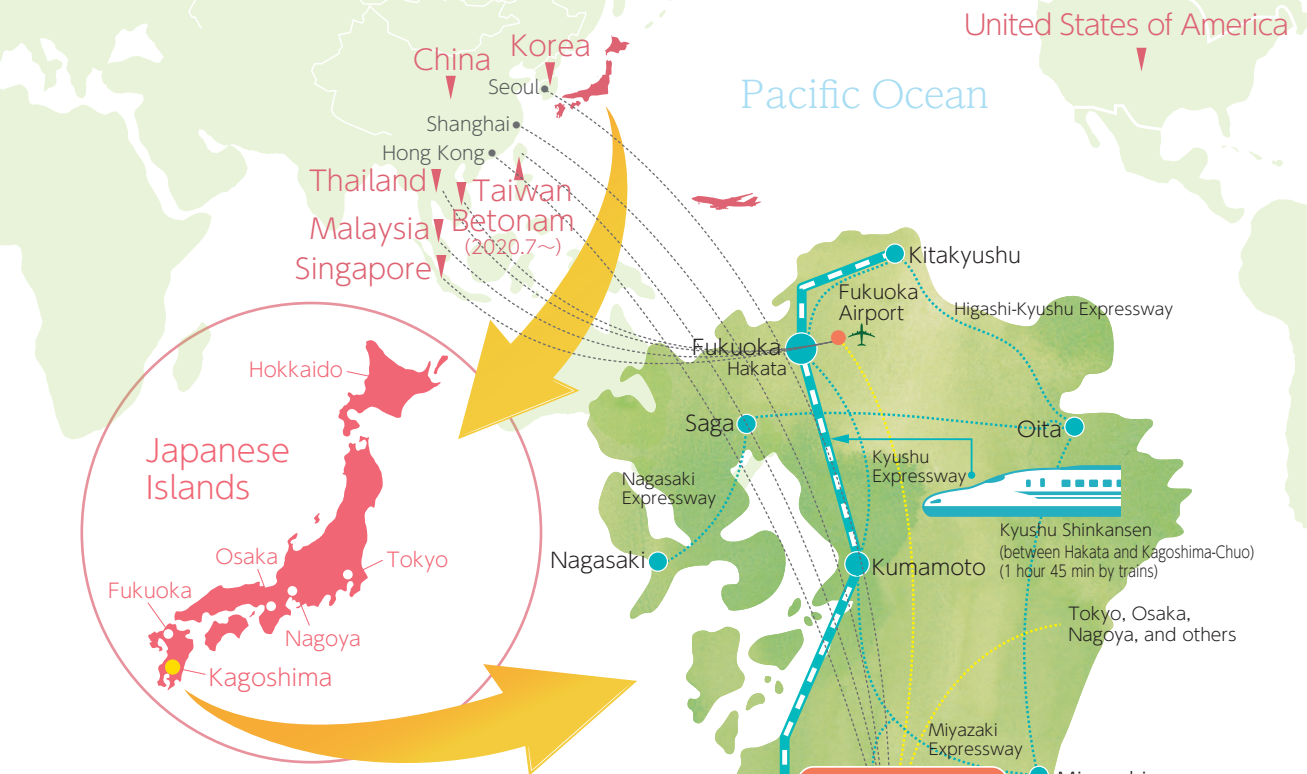
Ibusuki Tourism website <http://www.ibusuki.or.jp>

Eevee Manhole Map



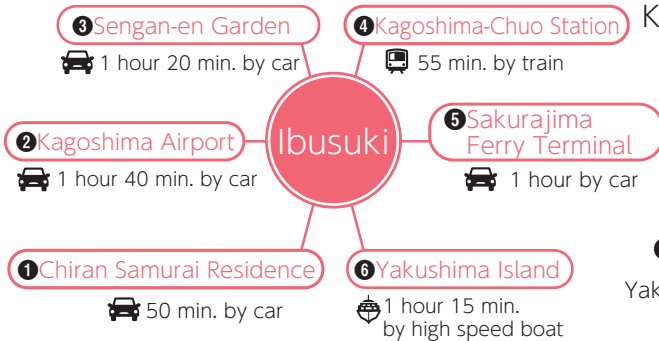


# Access Guide



## Access to:

\* Estimates of required time are given.



### Sakurajima Island



Kagoshima's symbolic and volcanic island in Kinkowan Bay. For centuries local people have been blessed with varieties of fruits and vegetables produced from this island.

### Sengan-en Garden



This garden was constructed in the early Edo period (the mid 17C) by the area's feudal lord, with a landscape featuring the superb use of borrowed scenery from Sakurajima volcano and Kinkowan Bay. It has been registered in the World Heritage List. You can enjoy a spectacular view from this garden.

### Chiran Samurai Residence



Samurai Residence Garden in Chiran, with a scenic backdrop to the Mount Hahagadake with its graceful scenery. Here you can enjoy a beautiful townscape, spread at the foot of the mountain. This district is also nicknamed 'Little Kyoto of Satsuma'.

### Yakushima Island



About 21 percent of the whole area of the island has been registered in the UNESCO World Heritage List. This includes: the primeval forest of the Japanese cedar (Cryptomeria japonica); the vicinity of forestry road, located in the western area of the island; and Mount Miyanoura, located in the central area of the island.

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