

Amami-Oshima Central and Southern Area MAP



Embraced by the rich forest! [Amami-Oshima Central and Southern Route]

This route allows you to enjoy dynamic nature such as mangrove forests and forests inhabited by a variety of plants and animals, as well as strolling through villages along the coast. (This course has many ups, downs, and tunnels)



AiAi Square
A tourist Community center located in the central shopping district of Naze, Amami City. Facilities convenient for cyclists include temporary baggage storage, and a computer corner.

approx. 20km

Mangrove Forest

"Mangrove" is a general term for plants that grow in areas where seawater and freshwater mix. The mangrove forest in Sumiyo-Town, Amami City is the second largest in Japan after Iriomote Island, Okinawa. Nearby, there is Amami-Oshima World Heritage Conservation Center.



approx. 6km

Boregura



Takakura is a traditional grain storage warehouse unique to Amami. That these tall warehouses are built in a group far away from the houses is called boregura. Prefecturally designated tangible cultural property.

Miyakozaki, Kuninao Beach

Miyakozaki is a photogenic spot with the East China Sea in front of you, and the contrast between the blue sea, sky and the clusters of broad-leaf bamboo called "Ryukyu-Sasa". Kuninao Beach is a pure white sandy beach made of crushed coral. It makes a pleasant crunching sound when you step on it.



GOAL AiAi Square

approx. 15km

Landscape with Hearts in View

A spectacular view point with a beautiful contrast between the clear blue, heart-shaped sea and the green mountains. There will be a pavilion and benches where you can take a relaxing break.



approx. 4km



approx. 4km



Chiru Chiru Cafe
This is a small, secluded cafe located in a subtropical forest on the banks of a small stream. You can enjoy a relaxing time while breathing in the smell of the forest and delicious air full of fresh ions, listening to the flow of the stream, the chirping of birds, and the voices of insects.

You can enjoy dishes made with plenty of locally produced ingredients including chicken rice, a local Amami dish, and shrimp tempura made of prawns from Uken Village.



Uken Syokudo(restaurant)

approx. 41km



Taken bus stop (big banyan)

A retro bus stop in the Taken community of Uken Village. Large banyan nestle close together and Yakeuchi Bay stretches out in the back. Amami's monster, Kenmun, is also hidden, so be sure to look for it.



Ikeguchi Observatory



approx. 7km

Hien Beach

The coast is full of variation, formed by beach rocks and coral reefs, and the beach is dotted with cobblestones polished by the rough waves. Under the pandanus, you can see the hermit crab designated as a natural monument, and at low tide, you can see fish, shellfish, crabs, and other marine animals up close in the tide pools. It is designated as Amami Islands National Park.



approx. 6km



Imazato Tachigami

The standing god rock in front of Imazato community. It was an object of worship as the first stop of the gods coming from Neriyakansya. It is designated as Amami Islands National Park.

approx. 6km

approx. 19km

Ikeguchi Observatory

Ikeguchi Observatory is the sunset point. The view to the west is especially recommended. There are many flat roads leading up to Funakoshi Coast, so you can enjoy a relaxing ride while feeling the sea breeze.