

# **Rules & Manners**

- Five rules to follow to eusure safety when riding a bicycle in Kagoshima
- 1. Bicycles are generally allowed on roadways, with exceptions on sidewalks
- 2. On the road, ride on the left side.
- 3. On the sidewalk, give priority to pedestrians and ride slowly closer to the road
- 4. Obey safety rules.
- $\bigcirc$  Prohibition of drunk riding, double riding, and parallel riding. Turn on lights at night.
- $\bigcirc$  Comply with traffic lights, stop temporarily, and check safety at intersections.

5. Wear a helmet.

## Please observe the Kagoshima Bicycle Ordinance!

- 1. It is compulsory to enroll in bicycle liability insurance, etc.
- 2. It is the duty of parents to ensure that children under junior high school age wear helmets.
- 3. Bicycle users are also required to make efforts to wear helmets.

Kagoshima Prefectural Government Oshima Branch Office/Feb.2024

## Activities for cycling

- Okino Erabu Island Tourism Association TEL0997-84-3540 · Erabucoco surrounding village tour course • Karst plateau course around Tamina Cape • Elabu Blue Course around Fucha · Custom-made free time course
- Amami/Okinawa land operation service TEL 0997-84-3789, 080-3217-3837 • Okinoerabujima cycling tour (courses that can depart from the airport before hotel check-in and others)

## Okinoerabujima transportation (bus/taxi) information

- Okisu Taxi Wadomari Town, Oshima District TEL0997-92-1135
- Kunigami Taxi Wadomari Town, Oshima District TEL0997-92-0325 Erabu Kanko Taxi Wadomari Office Wadomari Town, Oshima District
- TEL 0997-92-2053 Erabu Kanko Taxi China Head Office China Town, Oshima District TEL 0997-93-2043
- Sougo Taxi China Town, Oshima District TEL 0997-93-2181 Okinoerabu Bus Corporation China Town, Oshima District TEL 0997-93-2054

## Amami Islands Coin Lockers

- [Amami-Oshima] Amami Airport/Naze Port Waiting Area/AiAi Square (Temporary Baggage Storage) [Kikaijima] Kikai Airport Terminal (Temporary Baggage Storage)
- Kikai Wan Port Passenger Waiting Area (Temporary Baggage Storage) [Tokunoshima] Tokunoshima Airport
- [Okinoerabujima] Okinoerabu Airport/Wadomari Port Terminal Waiting Area

Kagoshima Prefecture

Tourism Site

[Yoronjima] Yoron Island Airport/Yoron Port Ferry Passenger Waiting Area

**Amami Islands Access MAP** 



### [Air route]

Tokyo (Haneda, Narita), Osaka (Itami, Kansai), Fukuoka, Okinawa – Amami-Oshima ●Kagoshima – Kikaijima, Amami Oshima, Tokunoshima, Okinoerabujima, Yoronjima Amami Oshima – Kikaijima, Tokunoshima, Okinoerabujima, Yoronjima Tokunoshima — Okinoerabujima, Okinoerabujima — Okinawa, Yoronjima — Okinawa



Rent-a-cycle

[Kikaijima] Airport Shop Rental Bikes/Bicycles Kikai Town, Oshima-District TEL0997-65-4388 Kikai Daiichi Rental Car Kikai Town, Oshima District TEL0997-65-2111 [Tokunoshima] 
Mori Motors Isen Town, Oshima District TEL0997-86-2257 Ueda Motors Tokunoshima Town, Oshima District TEL0997-82-0216 Mihara Motors Amagi Town, Oshima District TEL0997-85-4090 [Okinoerabujima] 1 Taniyama Motors WadomariTown, Oshima-District TEL0997-92-0180 Ocharinko Charly Wadomari Town, Oshima District TEL070-8944-6313 3 Island-Cycles. Wadomari Town, Oshima District TEL0997-92-1283 Mamura Motors (China Honda Sales) China Town, Oshima District TEL0997-93-2254
 [Yoronjima] 🔍 Yoron Honda Sales Store Yoron Rental Car Yoron Town , Oshima District TEL0997-97-3633 Yoron Island Nanqoku Rental Car Yoron Town, Oshima District TEL0997-97-2141 Noda Motors YoronTown, Oshima-District TEL0997-97-3926

## **Bicycle Shop**

Pricia Resort Yoron YoronTown, Oshima-District TEL0997-97-5060

[Kikaijima] Shinki Motors KikaiTown, Oshima-District TEL0997-65-2045 Makiquchi Motors KikaiTown, Oshima-District TEL0997-65-0104 [Tokunoshima] 
Mori Motors IsenTown, Oshima-District TEL0997-86-2257 Ueda Motors Tokunoshima Town, Oshima District TEL0997-82-0216 Ishida Shokai Tokunoshima Town, Oshima District TEL0997-82-0143 [Okinoerabujima] 1 Taniyama Motors Wadomari Town, Oshima District TEL0997-92-0180 Namura Motors (China Honda Sales) China Town, Oshima District TEL0997-93-2254
 [Yoronjima] Noda Motors Yoron Town, Oshima District TEL0997-97-3926



Kagoshima Prefecture

. Road regulation

information

### Use reef-safe sunscreen for the beauty of our oceans.

prohibited by law or oridinance.

Make sure that it does not contain ingredients such as oxybenzone and oxtinoxate that are harmful to coral reefs and marine life. We recommend a completely organic mineral sunscreen that is free of all chemicals.

### Bring a resuble bag, your own bottle, and your own straw

Marine pollution caused by plastics has a various adverse effects on animals and marine plants. Let's act so that we, as travelers, do not destroy the scenery and natural environment with plastic bags and plastic bottles.

Environmental deterioration and the impact on ecosystems have become a serious problem in a wide range of areas. Be sure to take home any trash you put out. Also, be sure to pick up any fallen trash.

### Please follow the rules specific to each area.

Each island has its own local rules of nature observation and leisure activities. Please follow the rules and enjoy your trip.

### Do not introduce or spread alien species.

Invasive species are a major threat to rare plants and animals. Before entering the forest, be sure to remove mud from the soles of your shoes and equipment, and use disinfectant spray. Avoid artificially introducing species, even if they are native species.

### Airplane

JAL

Ferry

• A''LINE

Marix Line

• Setouchi Town

龖

A''LINE

Flight schedules and routes are subject to changing depending on the season. Please check each company's website.

Access

### [Bicycle consignment contract conditions]

Conditions vary from company to company, but in the case of small aircraft, we cannot guarantee that we will be able to keep the your bicycle. Please check with each company's website.

Peach

the time of year. Please check each company's website for details.

Ferry schedules and service dates are subject to changing depending on

Bicycles may be checked in as checked baggage for a fee. Bicycles may be treated as free baggage if they are placed in a wheeled bag. (Please check with the ferry company for details on the type of baggage to be carried.)

Kagoshima route TEL099-226-4141 / Kikai route TEL099-222-2338

(Ship Traffic Section, Commerce, Industry and Transportation Division)

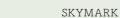
Marix Line

Marix Line Reservation Center TEL099-225-1551

"Kakeroma" "Setonami" route TEL 0997-72-4560



[Bicycle baggage conditions]







Amami Islands Tourist Sites

Introducing sweet recipes recommended for

### Brown sugar granola

High-calorie granola is recommended when you go cycling! One bite will remind you of the sugar cane fields of the Amami islands.

### Ingredients 6 servings

granola 130g / sesame/mixed nuts (unsalted) 50g (A)brown sugar 50g / (A)honey 50g / (A)unsalted

## How to cook

butter 25g

 Spread a parchment paper on a baking tray.
 Put (A) in a bowl and heat it in a 600W microwave for 2 minutes. 3. Add granola, sesame seeds and mixed nuts and mix everything together.

- After putting step 3 into the vat, use a cookie sheet to press down on the top to smooth the surface.
- 5. Place the cookie sheet mold from step 4 on the top of the toaster and heat it in the toaster for 3 minutes.
- 6. Once it has cooled down, cool it in the freezer and cut it to your desired size.

## Island banana yogurt

If you find shop selling island bananas while cycling, buy some yogurt at a convenience store and give it a try. It is convenient to have a paper cup.

Ingredients :for 2 people l island banana/yogurt 200g /brown sugar

### How to cook

1. Peel the banana and cut into 5mm slices. 2. Place bananas in a bowl and top with yogurt. Add brown sugar to make it look like Amami.

cyclists using special products from each island!

Make some passion fruit syrup and take it with you when you cycle. It's best if you buy crushed ice at a convenience store and eat it over it.

passion fruit 240g /rock sugar 240g

### How to cook

1. Clean the jar with hot water and sterilize the spoons or knives you 2. Cut the passion fruit in half and scoop out the inside

3. Pour the same amount of rock sugar as the contents of the passion fruit into the jar.

4. Wait about 2 weeks and it will be completed.

### Brown sugar Serta andagi

It's the perfect snack while cycling.

Ingredients (for 5~6 pieces) l egg/brown sugar 50g / salad oil 1/2 teaspoon /soft flour 70g / baking powder 1/4 teaspoon / fried oil appropriate amount



- 1. If the brown sugar is in blocks, crush it into powder.
- 2. Add eggs and brown sugar to a bowl and mix well. Add salad oil to 2 and mix.
- Add the flour and baking powder and mix.
- . Roll into a ball the size of a ping pong ball.
- 6. Add the ingredients from Step 5 to oil heated to 170°C and brown
- until cracks form in the dough. About 4-6 minutes.









